



IVF Pregnancy - How is it different?

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In vitro fertilisation (IVF), has come a long way since its introduction. Improvement in technology has made it **more efficient and more accessible**. The anxiety of being pregnant is much higher in an IVF pregnancy as it is a result of lot of efforts and expenses.

Early Pregnancy: Blood test is done early to detect pregnancy. Early visit to doctors and more ultrasounds are the norm. Needs support with medicines in contrast with normal pregnancy. The incidence of miscarriage is slightly higher due to factors like age, medical problems and abnormal embryos.

Bed Rest: The commonest myth is women conceived with IVF need bed rest in pregnancy. There is no added benefit in bed rest and bed rest adds to the risk. They need to avoid strenuous activities.

Risks: Multiple pregnancy, pre-term delivery, higher incidence of medical problems are the other risks involved.

Management: Need close monitoring. Incidence of C-section is little more due to the problems involved. If there are no complications they can have normal delivery. Need to be managed in hospital where emergency and good neonatal care is available.

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